

Leith Mount Surgery

2 Lindsay Street, Edinburgh EH6 4EG
City Centre/North Edinburgh Quiet Routes Map

Local Greenspace:

Victoria Park (0.6 miles)
Newhaven Harbour (0.7 miles)
Starbank Park (0.7 miles)
Pilrig Park (0.9 miles)
St Marks Park (1 mile)
Leith Links (1.2 miles)
Lomond Park (1.4 miles)
Lochend Park (1.5 miles)
Royal Botanic Garden Edinburgh (1.6 miles)
Inverleith Park (2 miles)
Calton Hill (2 miles)
Holyrood Park (2.5 miles)
West Princes St Gardens (2.6 miles)
The Meadows (3.2 miles)
The Union Canal (3.4 miles)
Roseburn Park (3.9 miles)
The Water of Leith



Further places to explore:

Gypsy Brae (3.1 miles)
Figgate Park (3.3 miles)
Portobello Beach (4 miles)
Lauriston Castle & Gardens (4.3 miles)
Blackford Hill & Pond (4.7 miles)
Hermitage of Braid (5 miles)
Craigmillar Castle Park (5 miles)
Corstorphine Hill (5.5 miles)
Cramond Island (5.6 miles)
River Almond Walkway (5.7 miles)
Dalkeith Country Park (10 miles)
The Pentland Hills (10 miles)

For information about local parks visit:

www.mypark.scot

www.edinburgh.gov.uk/parks-greenspaces/naturalheritage-sites

Discover local walking groups:

www.pathsforall.org.uk

www.ramblers.org.uk

www.edinburghleisure.co.uk/ageing-well-walks

Working together:



Nature Prescriptions is a pilot project designed by RSPB in collaboration with NHS Lothian and Edinburgh GPs. It is inspired by growing evidence that nature makes us healthier and happier.

Images: iStock. The RSPB is a registered charity in England and Wales 207076, in Scotland SC037654.